



HARMONY HEALING

Patty Alfonso BMC, EHT

T: (424) 226-8249

General Information and Office Policies

Thank you for choosing Harmony Healing. I would like to acquaint you with Energy Healing Therapy, Transpersonal Spiritual Counseling and the policies that I feel are of the utmost importance in our working together. Please take the time to read this carefully, as understanding the policies can promote a smooth working relationship.

Scope of Practice and Training

My training includes over 500 hours of instruction at the Lionheart Institute of Transpersonal Energy Healing in Los Angeles, CA. As an energy healer I am not trained to diagnose conditions, prescribe substances or perform medical treatment. I do not practice energy healing in lieu of medical treatment but I am happy to work with your current physician in order to help you with your health goals. I will be using Energy Healing Therapy to help you clear, rebalance and restore your body's energy system. Through Transpersonal Spiritual Counseling we will talk about your physical, psychological, emotional, and spiritual health in relation to your presenting complaint.

Payment for Services

Our first session together is \$249 and usually takes about 1.5 hours. After the first session the hourly fee for a Full Session is \$129. Once we have completed a first session together you also have the option to have a half-hour Half Session for \$59. Please make checks payable to Patty Alfonso. Please pay in advance of the session, as after we finish we may be in a non-linear state and it is easier to deal with finances beforehand.

Tardiness and Cancellations

Please arrive on time for your appointment. If you are late the session will end as if it started on time and you will be billed for the entire session. If after 30 minutes you have not arrived or communicated with me directly, the session will be considered a cancellation and you will be responsible for full payment. Please provide at least 24 hours notice for any cancellation. If you must cancel with less than 24 hours notice, you will be charged in full for the session.

Confidentiality

Professional ethics require that all information shared on your intake form and during our sessions will remain strictly confidential except for the following situations:

1. If I have reasonable suspicion of abuse and/or a serious threat to a reasonably well-identified victim is communicated to me.
2. If a threat to injure to kill yourself is communicated to me.
3. I may at times consult with a professional colleague about our work without asking permission but I will disguise your identity.

Client Participation

This is your time. Please feel free to let me know if there is anything I can do, within the scope of my practice, to make your session more comfortable or effective. In consideration of my health and the health of other clients, I ask that if you have a contagious illness, wait until you are no longer contagious before coming back for additional sessions. Please do not arrive for your session under the influence of alcohol or substances other than prescribed medication. If there I any reason for me to suspect that you are intoxicated, I will exercise the right to terminate the session immediately and you will be charged in full for the session.